

PATIENT INFORMATION

First Name: _____ M.I.: _____ Last Name: _____ Gender M / F
SS#: _____ - _____ - _____ Driver's License #: _____
What do you prefer to be called? _____ DOB: ____/____/____ Age: ____
Address: _____ City/State/Zip: _____
Cell Phone: (____) ____ - _____ Home Phone: (____) ____ - _____
Email: _____@_____ Preferred Language: _____
Race (Circle one): American Indian or Alaska Native / Asian / Black or African American / White (Caucasian) / Native Hawaiian or Pacific Islander / Other / Decline to Answer **Ethnicity (Circle one):** Hispanic or Latino / Not Hispanic or Latino / Decline to Answer
Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Separated ☐ Minor
Spouse's Name: _____ Spouse's Occupation: _____
Do you have children? ____ Yes ____ No # of Children? ____ Children's Ages: _____
Is there anyone else in your family, a loved one or friend that could benefit from our care? _____

EMPLOYMENT

Employment Status: ☒ Employed ☐ Unemployed ☐ Retired ☐ Student ☐ Volunteer ☐ Other
Business Name: _____ Occupation / Job Title: _____
Business Phone: (____) ____ - _____ Is it okay to contact you at work if necessary? ____ Yes ____ No
Type of Tasks Performed/Common Movements: _____

EMERGENCY

Emergency Contact Name: _____ Relationship to you: _____
Address: _____
Cell Phone: (____) ____ - _____ Home Phone: (____) ____ - _____ Phone #: _____
Primary Care Physician: _____
Do we have permission to contact your doctor regarding your care in our office? ____ Yes ____ No

ACCIDENT

Have you had an auto accident? (X if applies): ☐ 0-6mo ☐ 6 mo-1 yr ☐ 1-3yrs ☐ 3+yrs ☐ Never
Had a recent fall/other accident? (X if applies): ☐ 0-6mo ☐ 6 mo-1 yr ☐ 1-3yrs ☐ 3+yrs ☐ Never
Have You Ever Received: ☐ Physical Therapy ☐ Chiropractic Care ☐ Pain Management? Last Visit: _____

REFERRALS

How Did You Hear About This Office? ☐ Existing Patient: _____ ☐ Other: _____
☐ Newspaper: _____ ☐ Internet: _____
☐ Employee Referral: _____ ☐ Community Event: _____
☐ Physician Referral: _____ ☐ Phone Book: _____

INSURANCE

Do you have health insurance? ☐ Yes ☐ No Name of Carrier: _____
Member ID/Policy #: _____ Group #: _____
Do you have secondary insurance? ☐ Yes ☐ No Name of Carrier: _____
Member ID/Policy #: _____ Group #: _____
PRIMARY INSURED: All of the following information is about the INSURANCE HOLDER
Name of Insured: _____ DOB of Insured: ____/____/____
Relationship to you (the patient): _____ Employer: _____

PLEASE PROVIDE THIS OFFICE WITH A COPY OF YOUR INSURANCE CARD(S)

Signature (X) _____ **Date** _____

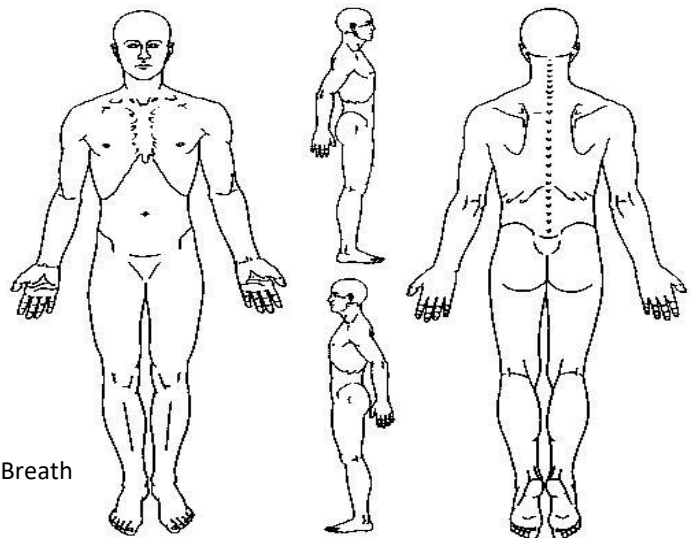
PRIMARY COMPLAINTS: Please list in order of most severe (#1) to least severe (#4). *Sample complaints: Low Back, Left Knee, Right Shoulder, Neck, etc.*

	MOST SEVERE ←		→ LEAST SEVERE	
You have the following complaints (WRITE-IN)	1.	2.	3.	4.
Circle the word that best describes this complaint.	Sharp dull achy throbbing numb shooting other	Sharp dull achy throbbing numb shooting other	Sharp dull achy throbbing numb shooting other	Sharp dull achy throbbing numb shooting other
How often do you feel this complaint?	Constant Daily Weekly "Off and On"	Constant Daily Weekly "Off and On"	Constant Daily Weekly "Off and On"	Constant Daily Weekly "Off and On"
How long have you had this complaint?	____ Days / Weeks / Months / Years	____ Days / Weeks / Months / Years	____ Days / Weeks / Months / Years	____ Days / Weeks / Months / Years
Is it getting better, worse, or staying the same?	Better Worse Same	Better Worse Same	Better Worse Same	Better Worse Same
What makes it better, if anything?				
What makes it worse, if anything?				
On a scale of 0 – 10, rate your discomfort. (0 = no pain, 10 = excruciating)	Circle response 0 1 2 3 4 5 6 7 8 9 10	Circle response 0 1 2 3 4 5 6 7 8 9 10	Circle response 0 1 2 3 4 5 6 7 8 9 10	Circle response 0 1 2 3 4 5 6 7 8 9 10
How have you taken care of this in the past? Has that worked for you?				
Circle the ways this issue is affecting your life. (all that apply)	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity
Improving this issue in my life would improve my quality of life by: (Circle best response)	10-20% 30-40% 50-60% 70-80% 90% 100%	10-20% 30-40% 50-60% 70-80% 90% 100%	10-20% 30-40% 50-60% 70-80% 90% 100%	10-20% 30-40% 50-60% 70-80% 90% 100%

PATIENT HEALTH HISTORY

Please check if you are currently experiencing any of the following conditions and then circle problematic areas on body to right:

- | | | |
|--|--|--|
| <input type="checkbox"/> Neck Pain/Stiffness | <input type="checkbox"/> Pins/Needles in Arms | <input type="checkbox"/> Nausea |
| <input type="checkbox"/> Back Pain/Stiffness | <input type="checkbox"/> Pins/Needles in Legs | <input type="checkbox"/> Night Pain |
| <input type="checkbox"/> Arm/Hand Pain | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Leg/Knee Pain | <input type="checkbox"/> Recent Weigh Change | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Loss of Memory | <input type="checkbox"/> Tension |
| <input type="checkbox"/> Loss of Taste | <input type="checkbox"/> Cold Extremities | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Sleeping Difficulties | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Jaw Problems | <input type="checkbox"/> Bowel/Bladder Changes | <input type="checkbox"/> Cold Sweats |
| <input type="checkbox"/> Loss of Smell | <input type="checkbox"/> Constipation/Diarrhea | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> Blurred/Double Vision | <input type="checkbox"/> Swollen Joints | <input type="checkbox"/> Fainting |
| <input type="checkbox"/> Mood Changes | <input type="checkbox"/> Trouble Concentrating | <input type="checkbox"/> Stomach Problems |
| <input type="checkbox"/> Foot Trouble | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Shortness of Breath |



PATIENT HEALTH HISTORY continued....

Please check if you have ever had any of the following:

- | | | | | |
|--|---|--|---|---|
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Concentration Prob | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Mouth Sores or | <input type="checkbox"/> Scarlet Fever |
| <input type="checkbox"/> Aids/HIV | <input type="checkbox"/> Contacts/Glasses | <input type="checkbox"/> Hernia | <input type="checkbox"/> Bleeding Gums | <input type="checkbox"/> Sexual Difficulty |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Degenerative Disc | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Shingles |
| <input type="checkbox"/> Allergy Shots | <input type="checkbox"/> Depression | <input type="checkbox"/> Herpes | <input type="checkbox"/> Mumps | <input type="checkbox"/> Shoulder Pain / |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Nose/Sinus Problems | Stiffness |
| <input type="checkbox"/> Ankle Pain/Stiffness | <input type="checkbox"/> Digestion Problems | <input type="checkbox"/> Hip Pain/Stiffness | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Spinal Surgery |
| <input type="checkbox"/> Anorexia | <input type="checkbox"/> Dry Skin | <input type="checkbox"/> Hip/Knee/Shoulder | <input type="checkbox"/> Numbness/Tingling | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Ear Infections | Replacement | Arm | <input type="checkbox"/> Suicide Attempt |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Elbow Pain / Stiff | <input type="checkbox"/> Hormone/Gland | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Throat Problems |
| <input type="checkbox"/> Asthma/Wheezing | <input type="checkbox"/> Epilepsy | Problems | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Bad Breath/Taste | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Implanted Device | <input type="checkbox"/> Pain with stools | <input type="checkbox"/> TMJ Pain |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Inadequate Water | <input type="checkbox"/> Pain Radiating – Arm | <input type="checkbox"/> Tonsillitis |
| <input type="checkbox"/> Blood Pressure: High | <input type="checkbox"/> Fractures | Intake | <input type="checkbox"/> Pain Radiating – Leg | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> or Low (circle) | <input type="checkbox"/> Frequent Colds & Flu | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Pain w/coughing | <input type="checkbox"/> Trouble Walking |
| <input type="checkbox"/> Breast Lump | <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Pain w/sneezing | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Broken Bones | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Knee Pain/Stiffness | <input type="checkbox"/> Parkinson's Disease | <input type="checkbox"/> Tumors/Growths |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Goiter | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Pinched Nerve | <input type="checkbox"/> Typhoid Fever |
| <input type="checkbox"/> Bulimia | <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Low Back Pain/Stiff | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Gout | <input type="checkbox"/> Mid Back Pain/Stiff | <input type="checkbox"/> Polio | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Upper Back Pain/Stiff | <input type="checkbox"/> Poor Diet | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Chemical | <input type="checkbox"/> Headaches | <input type="checkbox"/> Measles | <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Whooping Cough |
| Dependency | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Menopausal Prob. | <input type="checkbox"/> Prosthesis | <input type="checkbox"/> Genetic Disorder: |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Migraines | <input type="checkbox"/> Psychiatric Care | _____ |
| <input type="checkbox"/> Circulation Problems | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> NONE |
| <input type="checkbox"/> Colon Trouble | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Rheumatic Fever | |
| <input type="checkbox"/> Other Disorder/Disease/Device/Implant/Surgical Hardware or Medical Condition not mentioned above: _____ | | | | |

Do any of the above health conditions restrict your daily activities? ☐ Yes ☐ No If yes, explain _____

Are you currently under drug and/or medical care? ☐ Yes ☐ No If yes, explain _____

Please list any and all medications you are currently taking: _____

Please list any surgeries and/or hospitalizations you have had (type & date): _____

ALLERGIES: (Please place a check mark next to any known allergy that you have.) ☐ I have no known allergies

☐ Milk ☐ Eggs ☐ Peanuts ☐ Almonds ☐ Cashews ☐ Walnuts ☐ Fish ☐ Shellfish ☐ Soy ☐ Wheat
☐ Gluten ☐ Penicillin ☐ Sulfa Drugs ☐ Tetracycline ☐ Codeine ☐ NSAIDS ☐ Phenytoin ☐ Carbamazepine
☐ Mildew ☐ Mold ☐ Dust ☐ Fungus ☐ Mites ☐ Tree Pollen ☐ Grass Pollen ☐ Weed Pollen
☐ Insects ☐ Latex ☐ Dog Dander ☐ Cat Dander ☐ Other Animal Dander ☐ OTHER: _____ (please fill in)

Please list any supplements you are currently taking (vitamins/herbs/minerals): _____

Is there a family history of any of the following conditions? (indicate family member including parents, grandparents & siblings)

☐ Heart Disease _____ ☐ Diabetes _____
☐ Cancer _____ ☐ Arthritis _____ ☐ Other _____

Do you exercise: ☐ 5-7x/week ☐ 3-4x/week ☐ 1-2x/week ☐ Occasionally ☐ None

Do your work activities mostly involve: ☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor

Do you sleep on your: ☐ Back ☐ Side ☐ Stomach Do you use a cervical pillow? ☐ Yes ☐ No

What is your daily/weekly intake of the following:

Caffeine _____ cups/day Alcohol _____ drinks/week Cigarettes _____ pks/day

Smoking Status: Never smoked / Former Smoker / Occasional Smoker / Daily Smoker

I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health. I will give complete & accurate information during my exam.

Signature (X) _____

Date _____